



**iowacollaboration  
foryouthdevelopment**

**Mark Your Calendar**



October is  
National  
Bullying  
Prevention  
Month!

What are you doing  
to stop bullying in  
your community?

Email [betsy.penisten@iowa.gov](mailto:betsy.penisten@iowa.gov)



**The Second Annual Governor's Bullying Prevention Summit**

**November 4**

**Registration now open!**

Iowa's invited to participate in furthering the conversation of bullying prevention at the Governor's 2nd annual Bullying Prevention summit November 4 at Hy-Vee Hall in Des Moines. Special guests include Emily Bazelon, author of "Sticks and Stones," and Deborah Temkin with the Robert F. Kennedy Center for Justice and Human Rights.

**IYC Annual Conference**

**October 24-26**

The 8th Annual Iowa Youth Congress Session will be held in the Iowa House Chamber at the State Capitol in Des Moines. Special guests include University of Iowa undergraduate Veronica Guevara.

Questions or comments? Email

[Nicole.Lewis@iowa.gov](mailto:Nicole.Lewis@iowa.gov)

or

[Megan.blanford@iowa.gov](mailto:Megan.blanford@iowa.gov)

\*\*\*Want your event in the next newsletter? Contact

[betsy.penisten@iowa.gov](mailto:betsy.penisten@iowa.gov)

# ICYD INSIDER

## Youth Development News

### Bullying prevention: Be the change you want to see in your community

October is National Bullying Prevention Month, an annual event created to spread awareness about bullying in all its forms. It allows communities and schools to unite and further the conversation of bullying prevention. In addition, it educates the public on the effects of bullying on children of all ages and how to identify when your child is being bullied online and off.

Federal Partners in Bullying Prevention are introducing initiatives and resources this month via [Stopbullying.gov](http://stopbullying.gov) to reach out to members of the community including teachers, parents and the youth themselves, as well as the media. [Stopbullying.gov](http://stopbullying.gov) provides guidance to journalists, bloggers, reporters to be responsible when reporting on this important issue.

Youth across the nation are encouraged to engage in bullying-prevention activities by arranging social and educational events through youth initiatives in their communities and schools. The youth can report on their events and progress of bullying-prevention through <http://stopbullying.tumblr.com/>

In addition, educators and community leaders will be provided with various training materials for bullying-prevention and have the opportunity to engage in training via <http://www.stopbullying.gov/prevention/training-center/index.html>

### Youth in 16 states removed from adult criminal justice system, not Iowa

Sixteen states have enacted legislation that shield juveniles from adult criminal court, jails and prisons according to a new report released by the Campaign for Youth Justice. *State Trends- Legislative Victories from 2011-2013: Removing Youth from the Adult Criminal Justice System* indicates since 2011 Colorado, Hawaii, Idaho, Indiana, Texas, Oregon, Ohio, Illinois, Massachusetts, Arizona, Maryland, Nevada, Missouri, California, North Carolina and Wyoming have recognized a common trend of youth development: it differs from adult development, so by keeping youth out of the adult criminal justice system and in the juvenile justice system, states are strengthening the potential for juvenile rehabilitation and decreasing the chance of recidivism. Currently, Iowa has no age limit for a juvenile to be tried as an adult.

The following link provides more information: <http://www.campaignforyouthjustice.org/documents/ST2013.pdf>

### Are you interested in journalism?

Contributing to the education development and journalism interest of Iowa's youth, the Iowa Newspaper Foundation has awarded scholarships to nine students across the state for the 2013-2014 academic year. The students selected have shown interest in pursuing a career in journalism upon graduating from high school. The scholarships honor three longtime members of Iowa journalism: the late Fred W. Woodward, publisher of Dubuque Telegraph Herald; the late Carter Pitts, publisher of Le Mars Daily Sentinel and first president of INF; the late David W. Belin, lawyer and business partner of Gary Gerlach and Michael Gartner, supporters of INF. Funding for the scholarships are provided by gifts from family members of the late Woodward, Pitts and Belin, as well as Iowa newspapers and Pages for the 21st century. The scholarships will be available for the 2014-2015 academic year. Applications can be found on INA's website: <http://www.inanews.com/index.php>

### Team Nutrition for School Wellness

*Team Nutrition* is an integrated plan focusing on the health and wellness of the Nation's youth. This plan involves the commitment of parents, schools and communities to continuously promote nutritious school meals and enhance the health and education of 50 million school children in more than 96,000 schools across the nation. In addition, *Team Nutrition* uses the principles of the *Dietary Guidelines for Americans* and *MyPlate* to improve the lifelong physical activity and eating habits of children. The following link provides more information: <http://teamnnutrition.usda.gov>



### UPCOMING EVENT!

*Team Nutrition* to host School Wellness Forum.  
Date: Wednesday, November 13 9:30-2:00  
Location: Grimes State Office Building Des Moines, IA  
[Register here!](#)



## State of Iowa Youth Advisory Council Update

### SIYAC's 1st Quarterly Meeting

SIYAC held their first quarterly meeting of the 2013-2014 year September 26 in the Legislative Dining Room at the State Capitol. During the meeting, SIYAC members spoke about issues they would like to tackle this year. The issues include tanning bed safety, youth nutrition, college accessibility, suicide prevention, cyber-bullying legislation and standardized testing. The issues were grouped into three committees that were voted on during the meeting. The committees are Education, Health and Mental Health. In addition, SIYAC members had the opportunity to visit with special guests including State Representative Bruce Hunter, Team Nutrition and Julie Hibben from IDPH. For more information on committee goals check out SIYAC's website: <http://www.icyd.iowa.gov/SIYAC/about.html>

### SIYAC Members Getting Involved

Danielle Reyes, Education Committee member, has been selected to participate in a student panel at the second annual Governor's Bullying Prevention Summit November 4.

Pablo Haake, Executive Chair; Agatha Fenech, Public Relations Officer; Jake Mathas, Health Committee member will be speaking at the 8th annual Iowa Youth Congress convention Saturday, October 26 at the Holiday Inn in downtown Des Moines.